

Healthcare Chronicle

Medicare news and
tips from OptumCare®
Network of Nevada

Fall 2020



The Medicare basics

Information on how Medicare works so you can make an informed choice

page 6

You've got class

No-cost classes with answers to your questions about Medicare

page 14

Keep moving, smiling & learning!

It's easy with the OptumCare Community Centers

page 16

Featured

How health care built around you gives you choice and access

page 4



Dear friend,

This is a very important time of year: the Medicare Annual Enrollment period is upon us. This is a great opportunity for you to choose a care plan so you can see one of our OptumCare providers. We're very excited about the 11 Medicare Advantage plans we accept in southern Nevada.

During Medicare Annual Enrollment, the OptumCare Network of Nevada invites you to choose health care built around you. If you are looking for a Medicare Advantage plan or information on a plan, you have from October 15 through December 7 to find a plan that will give you access to a Southwest Medical provider or any one of our affiliated primary care providers by becoming a member of the OptumCare Network of Nevada.

This is your time to enroll or make changes to your Medicare or Medicare Advantage health plan, and to select a primary doctor from over 450 local providers available in the network. With that in mind, we've put together this helpful guide with great resources to help with your annual enrollment decisions. It includes:

- The Medicare basics, including phone numbers and websites with helpful information
- Details on how our network gives you access to the health care you need
- Medicare Advantage versus Original Medicare coverage comparisons
- Highlights of affiliated community primary care providers available through our network
- Special programs for older adults offered at our OptumCare Community Centers

As we grow older, being healthy means more than just regular doctor visits. It's about friendships and new experiences, lifelong learning and a healthy lifestyle. Our two OptumCare Community Centers are designed for just that purpose. These are exceptional places where you can enjoy presentations on a wide range of health-related topics as well as fun activities in a safe environment, at no cost to you. The social club is open to the community—you don't need to be a patient of OptumCare to enjoy the community center activities.

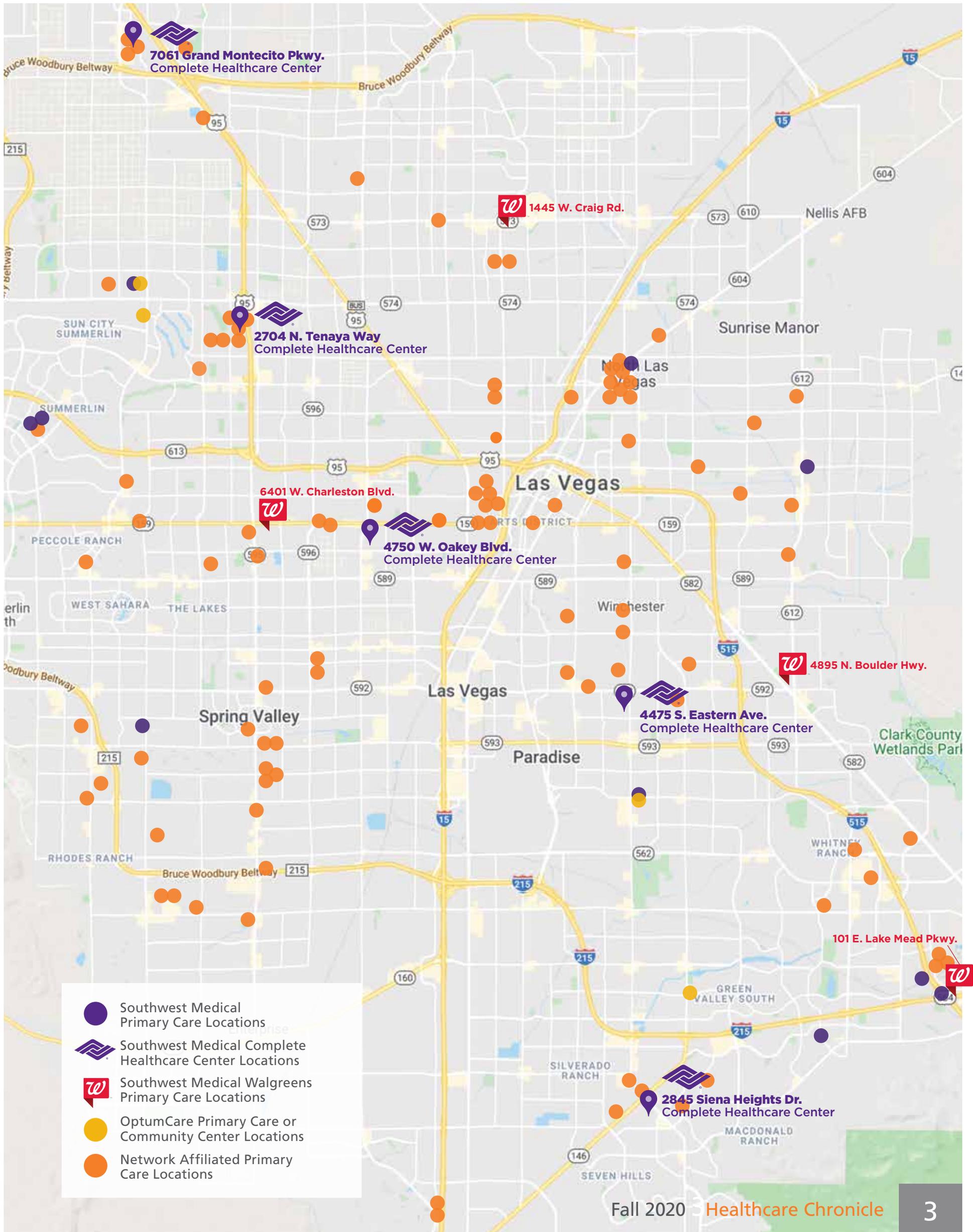
The OptumCare Network of Nevada has over 3,000 local health care providers, giving its members access to Southwest Medical, OptumCare Cancer Care, OptumCare Breast Care, OptumCare Orthopaedics and Spine, OptumCare Lung and Allergy Care, Urology Specialists of Nevada, Radiation Oncology Centers of Nevada and many other affiliated community physicians, along with access to all of the major hospitals in Las Vegas. Eleven Medicare Advantage plans give you access to the OptumCare Network of Nevada, including newly accepted PPO and D-SNP Medicare Advantage plans. All of this is detailed in this year's Healthcare Chronicle.

To learn more about how the OptumCare Network of Nevada provides the care you need, when and where you need it, please visit optumcare.com/Nevada.

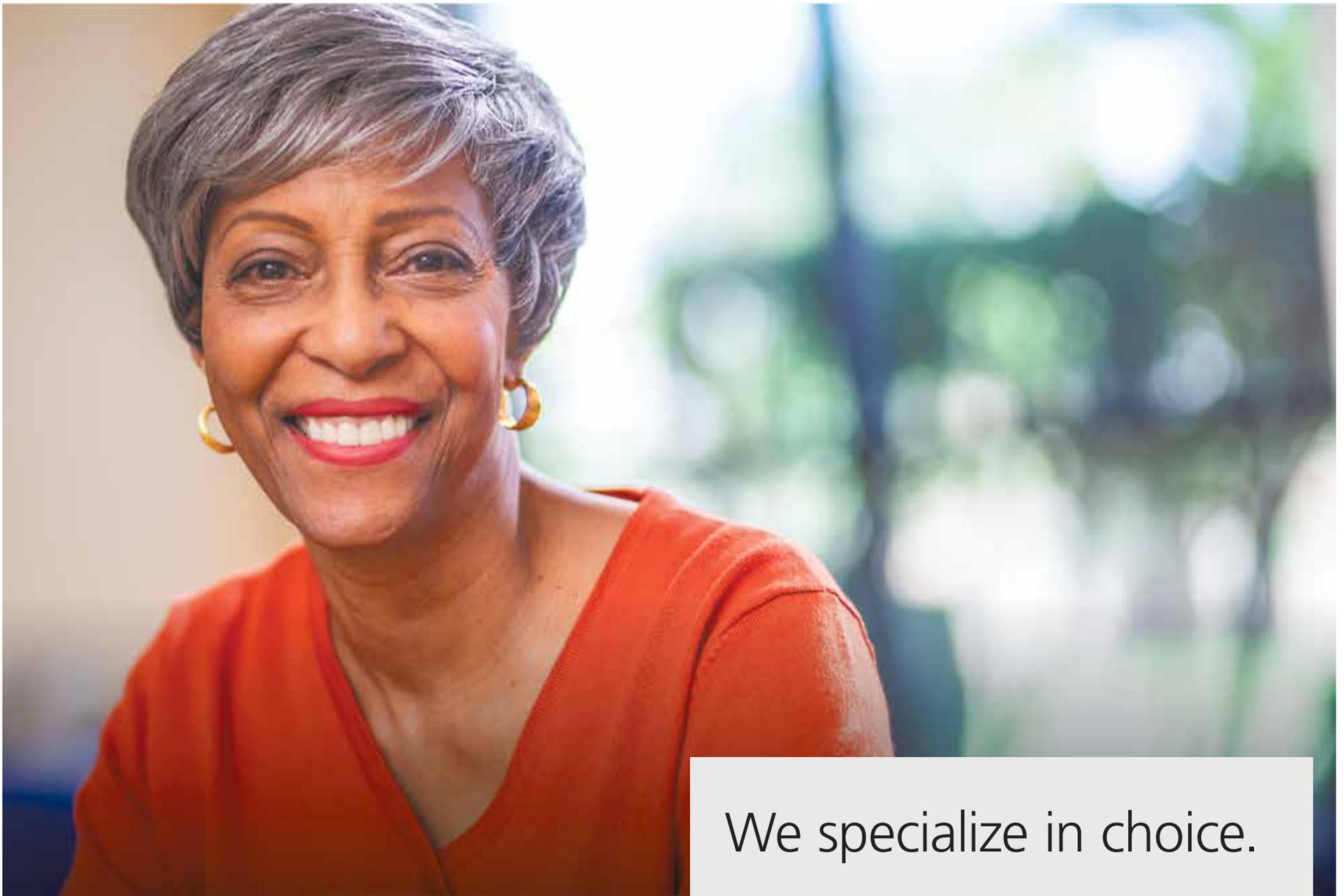
Sincerely,

Robert McBeath, M.D.
President and CEO

Care when—and where—you need it



Health care built around you



Your insurance plan plays an important role.

To see a doctor who is part of the OptumCare Network of Nevada, first consult your health plan. In Nevada, 11 Medicare Advantage plans give you access to the network.



702-242-7119

Call today to get the answers to your Medicare questions from a licensed sales agent.

A representative from Optum Sales Support Center can connect you with a licensed insurance agent in your area to review your health insurance plan options.

Optum Sales Support Center connects Medicare beneficiaries with resources including licensed insurance agents that sell Medicare Advantage and Medicare Prescription Drug Plans.

We specialize in choice.

That's why we offer a large network of doctors to help you get the right care at the right time. When you join the OptumCare Network of Nevada, you're part of a robust, coordinated care system. Through our network, you can choose from thousands of primary and specialty care providers and all of the major hospitals in Las Vegas. Through OptumCare Network of Nevada, specialty care groups are here for you, including OptumCare Cancer Care, OptumCare Breast Care, OptumCare Orthopaedics and Spine, OptumCare Lung and Allergy Care, Urology Specialists of Nevada, and Radiation Oncology Centers of Nevada.

Here's how it all comes together

Your health plan. Your network. Your doctor. They all work together for your good health.



Health insurance plan

The health plan pays the cost of your medical care. This can include:

- Medical benefits
- Behavioral health
- Prescription drug coverage

Through your health plan, you choose a medical network and doctor.



Medical network

You choose your medical network through your health plan. The medical network gives you access to your doctor, hospitals, and other health care providers.

This can include:

- Hospitalization
- Urgent care
- Specialist referrals
- Case management
- Lab services
- X-ray services



Your doctor and health care team

You select your primary care doctor through your medical network. Your doctor works with your medical network and health plan to keep you feeling your best.

The Medicare basics

Medicare—it's a confusing topic. But you owe it to yourself and those who care about you to learn as much as possible. We're here to make it easy.

Medicare coverage and costs

There are four basic parts of Medicare: A, B, C and D. Each part helps pay for certain health care services, and each part has certain costs that you may have to pay. Your Medicare costs will depend on the coverage you choose and the health care services you use.

The parts of Medicare are like building blocks that can be put together in different ways to give you coverage based on your needs.

Medicare Part A: Part A is hospital coverage. It covers care you receive while an inpatient in a hospital or skilled nursing facility.

Medicare Part B: Part B is medical coverage. It covers doctor visits, clinic services, and care you receive as an outpatient.

Medicare Part C: Part C is Medicare Advantage. These plans combine the coverage of Parts A and B into one plan. They often include prescription drug coverage, too.

Medicare Part D: Part D is prescription drug coverage. Plans cover many medications that are prescribed by your doctor or other qualified health professionals.

Who can get Medicare

Medicare is available to citizens and legal residents who have lived in the United States for at least five years in a row. It is individual insurance. It doesn't cover spouses or dependents.

You may be able to receive Medicare benefits based on any one of the following:

- **Age:** You're 65 years old. (You must be 65. Your spouse's age doesn't count.)
- **Disability:** You're under 65 and have a qualifying disability.
- **Medical condition:** You are any age and have end-stage renal disease (ESRD) or amyotrophic lateral sclerosis (ALS). There are special Medicare eligibility rules for people with these conditions.
- **Moving:** If you just moved and are new to the area, you are qualified to select a new Medicare plan or make changes to your current plan.

Are you already on Medicare? There are enrollment periods for you also. Once you've enrolled, Medicare has specific enrollment periods for changing your coverage.

The main Medicare Annual Enrollment happens every year from October 15 to December 7.

However, with these uncertain times, many in our Las Vegas community have found themselves without health insurance because they've lost their jobs. The federal government is recognizing this situation as a "qualifying event" for insurance coverage.

This group will have to make a choice to either elect to pay COBRA, revert to traditional Medicare primary (and pay out of pocket for a secondary and Part D plan), or select a Medicare Advantage plan. The best thing to do is contact a licensed sales agent to discuss your options.



702-242-7119

Call today to get the answers to your Medicare questions from a licensed sales agent.

A representative from Optum Sales Support Center can connect you with a licensed insurance agent in your area to review your health insurance plan options.

Optum Sales Support Center connects Medicare beneficiaries with resources including licensed insurance agents that sell Medicare Advantage and Medicare Prescription Drug Plans.

Helpful Medicare phone numbers and websites

- **Medicare Made Clear™, brought to you by UnitedHealthcare®:** www.medicaremadeclear.com
- **Medicare Helpline:** 1-800-633-4227
- **Medicare:** www.medicare.gov or call 1-800-MEDICARE
- **AARP:** www.aarp.org
- **Anthem:** <https://shop.anthem.com/medicare> or call 1-855-306-9354
- **Social Security:** 1-800-772-1213

Sources:

<https://www.medicaremadeclear.com/basics/medicare-eligibility>

<https://www.medicare.gov>

Original Medicare or Medicare Advantage —what's the difference?



Original Medicare

Original Medicare offers health insurance to U.S. citizens and qualified legal residents age 65 and older. People under 65 with certain medical problems also qualify for it. Original Medicare is run by the federal government.

Medicare Advantage

Medicare Advantage is a different way to get Medicare. It covers everything that Original Medicare does, plus more. It's sold by private insurance companies.

Many people sign up for Original Medicare when they turn 65 and then never look back. But, they may be missing out. **Medicare Advantage may be a better fit for their needs.**

Medicare Advantage versus Original Medicare



Improved health

Medicare Advantage plans support your primary care doctor's care plan. They help ensure you get preventive care like wellness visits, tests, checkups and vaccines. With Medicare Advantage plans, members are often healthier and need less acute and chronic care.



Cost savings

Medicare Advantage limits the total amount you pay for covered services. With Original Medicare, you pay 20% of the cost for covered services, with no limit to your total costs. You can buy a supplement plan to help with those costs. And you can add a Medicare Part D plan to cover prescription drugs. But a Medicare Advantage plan may offer you everything you need, all in one plan. Be sure to look carefully at your choices, so you can find a plan that best fits your needs.

Choose what's right for you

A network of choices. A plan that fits your needs. That's how great health happens, and that's exactly what we offer. Take a look at what you get with Medicare Advantage and compare it with other plans available in the valley.



Coverage comparisons:

Medicare Advantage, Original Medicare and Medigap

Benefits and Features	Medicare Advantage*	Medicare Supplement (Medigap)*	Original Medicare
Helps pay for hospital stays	✓	✓	✓
Helps pay for some medical care, like doctor visits	✓	✓	✓
Helps pay for preventive services, like flu shots	✓	✓	✓
Helps pay for prescription drugs	✓	No coverage	No coverage
Routine vision coverage	✓	No coverage	No coverage
Routine hearing exam and hearing aid coverage	✓	No coverage	No coverage
Routine dental coverage	✓	No coverage	No coverage
Limits your annual out-of-pocket costs	✓	✓	No protection
Transportation	✓	No coverage	No coverage
Care management programs	✓	No coverage	No coverage

*Benefits vary by plan.

Acknowledgement to UnitedHealthcare 2019 Clarity Workbook.

1. The Coalition for Medicare Choices. 2 million seniors and The Coalition for Medicare Choices mobilize to support Medicare Advantage. <http://medicarechoices.org/2-million-seniors-and-the-coalition-for-medicare-choices-mobilize-to-support-medicare-advantage/>. Published January 31, 2018.
2. Better Medicare Alliance. Seniors highly satisfied with Medicare Advantage. bettermedicarealliance.org/newsroom/press-releases/seniors-highly-satisfied-medicare-advantage. Published March 11, 2015.

Medicare Advantage plans accepted in 2021

Health Maintenance Organization (HMO) plans

A Health Maintenance Organization (HMO) plan is a type of Medicare Advantage Plan that usually provides health care coverage from doctors or hospitals in the plan's network, except in an emergency or urgent care situation.

Preferred Provider Organization (PPO) plans

A Preferred Provider Organization (PPO) plan is a Medicare Advantage Plan that has a network of doctors and hospitals that you may go to.

Special Needs Plans (SNP)

A Special Needs Plan (SNP) provides benefits and services to people with specific diseases, certain health care needs, or limited incomes. You may qualify for an SNP if you live in the plan's service area and meet one of these requirements:

Chronic Condition SNP (C-SNP)

For those with a chronic illness consisting of one or more qualified conditions. Examples include but not limited to: cancer (excluding pre-cancer conditions), cardiovascular disorders, chronic heart failure, dementia, diabetes mellitus, chronic lung disorders, autoimmune disorders and more.

Dual Eligible Special Needs Plans (D-SNP)

A Dual Eligible Special Needs Plan (D-SNP) is a special type of Medicare Advantage plan that provides health benefits for people who are "dual eligible," meaning they qualify for both Medicare and Medicaid. With a D-SNP there may also be social services available to help coordinate a beneficiary's Medicare and Medicaid benefits.

DECISION-MAKING

Medicare Advantage offers documented better health outcomes compared to traditional Medicare:

- Fewer hospitalizations
- Lower hospital admission and readmission rates
- Fewer problems after being in the hospital
- Fewer emergency room visits
- Higher-quality care and more effective management of illnesses
- Health care of equal or higher quality at a lower cost
- Lower out-of-pocket costs for patients

This is a highly personal decision that all patients must make on their own. And like many decisions in life, it comes down to what you value most.

What now?

These are the next steps for enrolling in the Medicare plan that best suits your needs:

- Review enrollment periods
- Research your options
- Ask questions
- Find financial help, if eligible
- Enroll
- Yearly review (if you wish to change your coverage)



702-242-7119

Call today to get the answers to your Medicare questions from a licensed sales agent.

A representative from Optum Sales Support Center can connect you with a licensed insurance agent in your area to review your health insurance plan options.

Optum Sales Support Center connects Medicare beneficiaries with resources including licensed insurance agents that sell Medicare Advantage and Medicare Prescription Drug Plans.

Sources:

<http://content.healthaffairs.org/content/35/9/1707.abstract?etoc>

<http://content.healthaffairs.org/content/35/8/1444.full.pdf+html>

<https://www.ahip.org/medicare-advantage-demographics-report-2013/>

<https://www.ahip.org/medpac-announces-2017-medicare-advantage-payments-equal-traditional-medicare-costs/>

<https://www.ahip.org/providing-better-services-better-care-and-better-value/>



Southwest Medical[®]
Part of OptumCare[®]

TOTAL ACCESS HEALTH CARE
BY THE NUMBERS

We have hundreds of ways to get the care you need, all for your convenience.



4750 W. Oakey Blvd. | Complete Healthcare Center

5



COMPLETE HEALTHCARE CENTERS

It's everything you need, all in one place: primary care, specialty care, labs, testing, and more. Get your full scope of care in one location.

450+



PROVIDERS

We've grown our team so we can serve you better. More providers mean greater access for you—from primary care to specialty care.



4 **LOCATIONS IN NEIGHBORHOOD WALGREENS**

See a provider while you're shopping or filling a prescription. The more convenient your care, the better you'll feel.



45

You can find us just about anywhere in the Valley, so you never have to go far to see a provider.

LOCATIONS

3 **WAYS FOR VIDEO VISITS**



Via smartphone, tablet, or computer, enjoy a video visit with your primary or specialty care provider.



6 URGENT CARES

Need to see someone immediately? We have Urgent Care ready for you, and one open 24/7/365.



SEE A PROVIDER IN
48 HOURS

Older adults enjoy a dedicated senior service—the Senior Priority Access Line, where your appointment is put on the fast track. Just call 702.877.5088.

48

YEARS IN THE COMMUNITY

Southwest Medical has deep roots in Southern Nevada. We're stitched into the fabric of this community, and it shows in our quality of service and care.



VISIT
[SMALV.com/en/YouCan](https://www.smalv.com/en/YouCan)
for more information.



Featured Affiliated Community Primary Care Providers

Take a moment to get acquainted
with some of our providers.

Location Addresses

Calderon Medical Group

3000 W. Charleston Blvd., Unit 5
Las Vegas, NV 89102

Primary Care Center of Nevada

2001 S. Rainbow Blvd., Ste. 160
Las Vegas, NV 89146

Family Doctors of Green Valley

291 N. Pecos Rd.
Henderson, NV 89074
2626 S. Rainbow Blvd., Ste. 100
Las Vegas, NV 89146

CIMA Medical Centers

1321 S. Rainbow Blvd., Ste. 101
Las Vegas, NV 89146

8440 S. Eastern Ave., #A
Las Vegas, NV 89123

2354 E. Bonanza Rd.
Las Vegas, NV 89101

3115 E. Eastern Ave.
Las Vegas, NV 89169

EPIC Healthcare

2931 N. Tenaya Way, Unit 101
Las Vegas, NV 89128

Sunset Clinic

3351 E. Bonanza Rd., #107
Las Vegas, NV 89110

4830 W. Lone Mountain Rd.
Las Vegas, NV 89130

6525 N. Buffalo Dr., Ste. 130
Las Vegas, NV 89131

3175 St. Rose Pkwy., #121
Henderson, NV 89052

8530 W. Sunset Rd., #110
Las Vegas, NV 89113

Independent Medical Group

1320 E. Calvada Blvd.
Pahrump, NV 89048



Benito Calderon, M.D.
Internal Medicine
Calderon Medical Group
UHC PCP ID: 0296790596
Anthem PCP ID: 8058934

As the founder of Calderon Medical Group, Dr. Calderon is a board-certified physician who believes medical care is a partnership between the individual and the health care provider. A key aspect of this relationship are the reasons that families seek treatment and trust him and his team to provide the care. A strong desire to help others is why Dr. Calderon chose to be a physician. He has been practicing in Las Vegas for nearly twenty years.



Robert Webb, P.A.-C.
Family Practice
CIMA Medical Centers
UHC PCP ID: 0296790512
Anthem PCP ID: 06016018

Robert Webb, P.A.-C., was born in Los Angeles, California, and raised in San Jose, Costa Rica. He is a family medicine board-certified physician's assistant and brings over 30 years of experience working in primary care to the integrative practice. As an expert health care provider, he focuses on the entire person, providing comprehensive, thorough and evidence-based treatment for all his patients with an impeccable bedside manner.



Georges Tannoury, M.D.
Internal Medicine
Primary Care Center of Nevada
UHC PCP ID: 0296790082
Anthem PCP ID: 06016447

Dr. Tannoury is a board-certified internal medicine physician and founder of Primary Care Center of Nevada. With over 25 years of experience as a practicing physician, Dr. Tannoury is well-known for the time he spends with his patients as well as his caring manner. A long-time health care provider in Southern Nevada, he attained his medical degree at Lebanese University of Beirut School of Medicine.



Mark Ferdowsian, D.O.
Family Practice
Sunset Clinic
UHC PCP ID: 0296790239
Anthem PCP ID: 06016099

Dr. Ferdowsian, is founder of Sunset Clinics, a family medicine and urgent care practice. The journey of his practice has been to serve underprivileged patients in need of quality preventative health care. Ferdowsian's drive to help those in need of care comes from his own experience growing up as an Iranian immigrant. Today, as a successful physician, his medical practice provides five locations in Southern Nevada to attain his goals of a better health care system.



Ravi Ramanathan, M.D.
Family Practice
Family Doctors of Green Valley
UHC PCP ID: 0296790601
Anthem PCP ID: 9071793

Dr. Ram is founder of Family Doctors of Green Valley. He views private practice not as a business, but as a traditional family practice where the doctor knows the entire family and siblings personally and is able to provide them with the latest technology and treatments that modern medicine has to offer.



Jang Suk Mun, M.D.
Internal Medicine
EPIC Healthcare
UHC PCP ID: 0296790600
Anthem PCP ID: 10260270

As a board-certified physician and founder of Epic Healthcare, Dr. Mun is a fully immersive health care provider who takes in all aspects of medicine to provide the best care for his patients. Born in South Korea, Dr. Mun moved to New York for his medical residency and internship. Dr. Mun is well established in the community, residing in Las Vegas for the last 15 years with his wife and children.



Michael Reiner, M.D. | Family Practice
Independent Medical Group
UHC PCP ID: 0296790151 | Anthem PCP ID: 6016117

Dr. Reiner is founder of the Independent Medical Group | Reiner Medical in Pahrump. He has been a doctor of family medicine for 35 years, nearly 20 of them dedicated to serving the Pahrump community. Dr. Reiner says he cannot describe it as anything other than the greatest joy in the world to help someone solve their health problems and feel good again.

Understanding Medicare

OptumCare Network of Nevada holds classes to keep you informed so you can make the very best choices when it comes to your health care. They're held at no cost to you, to give you the ins and outs of Medicare in a safe, protective environment. In these times, our focus is on your health and safety, so we're limiting the amount of RSVPs.

Classes are going fast, so be sure to call and reserve your spot.



702-242-7119

RSVP to 702-242-7119 and press option one.

Medicare 101

Get educated on Medicare and options available. Learn more about Medicare benefits; important enrollment and lock-in dates; tools to help you choose the best option; Medicare enrollment requirements, if you are still employed; eligibility requirements; and health care education.

*This event is only for educational purposes and no plan-specific benefits or details will be shared. For accommodations of persons with special needs at meetings call 702-242-7119.

Medicare Advantage ABCs

Good health starts by making good decisions. You need a doctor and Medicare plan that you know will be there for you. Attend this seminar and learn about the multitude of benefits available to Medicare Advantage members.

*A licensed insurance agent will be present with information about Medicare Advantage and Part D plans. For accommodations of persons with special needs at meetings call 702-242-7119.



Class schedule

OptumCare Community Center – West

8670 W. Cheyenne Ave., Suite 105

Tuesday, October 13	5:30 p.m. – 6:30 p.m.
Tuesday, November 10	5:30 p.m. – 6:30 p.m.
Tuesday, December 1	5:30 p.m. – 6:30 p.m.

OptumCare Community Center – East

5820 S. Eastern Ave., Suite 100

Tuesday, October 13	5:30 p.m. – 6:30 p.m.
Tuesday, November 10	5:30 p.m. – 6:30 p.m.
Tuesday, December 1	5:30 p.m. – 6:30 p.m.

Southwest Medical Oakey Healthcare Center

4750 W. Oakey Blvd.

Tuesday, October 13	4:00 p.m. – 5:00 p.m.
Tuesday, November 10	4:00 p.m. – 5:00 p.m.
Tuesday, December 1	4:00 p.m. – 5:00 p.m.



Class schedule

OptumCare Community Center – West

8670 W. Cheyenne Ave., Suite 105

Wednesday, October 14	5:30 p.m. – 6:30 p.m.
Wednesday, November 11	5:30 p.m. – 6:30 p.m.
Wednesday, December 2	5:30 p.m. – 6:30 p.m.

OptumCare Community Center – East

5820 S. Eastern Ave., Suite 100

Thursday, October 15	5:30 p.m. – 6:30 p.m.
Thursday, November 12	5:30 p.m. – 6:30 p.m.
Thursday, December 3	5:30 p.m. – 6:30 p.m.

Southwest Medical Oakey Healthcare Center

4750 W. Oakey Blvd.

Tuesday, October 20	4:00 p.m. – 5:00 p.m.
Tuesday, November 17	4:00 p.m. – 5:00 p.m.
Monday, December 7	4:00 p.m. – 5:00 p.m.

A representative from Optum Sales Support Center can connect you with a licensed insurance agent in your area to review your health insurance plan options. Optum Sales Support Center connects Medicare beneficiaries with resources including licensed insurance agents that sell Medicare Advantage and Medicare Prescription Drug Plans.

Keep moving, smiling, and learning!

It's easy with the OptumCare Community Centers



OptumCare Community Center – East
5820 S. Eastern Ave.

OptumCare Community Center – West
8670 W. Cheyenne Ave.

OptumCare Community Center – West

As we grow older, being healthy means more than just regular visits to the doctor, it's about friendships and creating new experiences, lifelong learning, and maintaining a healthy lifestyle.

The OptumCare Community Centers are designed to keep you active and engaged. The centers are open to the community and you don't need to be a patient of OptumCare to enjoy the activities.

Take advantage of no-cost health presentations on a wide range of health-related topics such as managing chronic health conditions, fitness, heart health, how to quit smoking, understanding Medicare, and more. You will also find support groups to assist with grief, managing emotional well-being, and health education. All older adults are welcome to participate in our social activities and enjoy the center—join us for coffee and conversation, take a computer or fitness class or play a game of mahjong.

For more information or to RSVP for an activity and start living your best life, please call.

 **702-797-2358**

Annual Wellness Exams

OptumCare Community Centers know the importance of keeping up with your health care. That's why we offer an annual wellness exam for our senior patients. The extended annual wellness exam is a full comprehensive physical exam performed by providers who are experienced in caring for seniors. Once your exam has been completed, we can then share your exam records with your primary care provider so that they have all of your latest medical information. And if you can't come to us, we'll come to you. We complete annual wellness exams in the setting that works best for you:

- We'll send a provider to your primary care provider's office for convenience, when the two Community Centers are not an option.
- We send a provider to patients' homes for visits—even on the weekend.
- We also send providers into Skilled Nursing Facilities, Assisted Living Facilities, and Custodial Care Facilities.
- Or, have a video visit with one of our providers.

Although the social activities and seminars at the OptumCare Community Centers are open to all seniors, you must be a member of the OptumCare Network of Nevada in order to take advantage of the medical services provided.



**YOU
CAN**

HAVE IT ALL

**Choose a Medicare Advantage plan
that gives you all of Southwest Medical**

MEDICARE ANNUAL ENROLLMENT IS OCT 15 - DEC 7

All the access and convenience. All the care you need, when and where you need it—with more than 450 providers and 45 locations. With five Complete Healthcare Centers and four clinics within neighborhood Walgreens stores. With video visits that let you see a provider wherever you are. With at-home wellness checkups, annual wellness visits with your primary care provider, and a dedicated Senior Priority Access Line so you can see a provider within 48 hours.

CALL TODAY 702.242.7119

Will be accepting HMO, PPO, C-SNP, and D-SNP Medicare Advantage plans through the OptumCare Network of Nevada in 2021. A representative from the Optum Sales Support Center* can connect you with a licensed insurance agent in your area to review your health insurance plan options.



Southwest Medical is a proud provider of the OptumCare Network of Nevada.

*Optum Sales Support Center connects Medicare beneficiaries with resources including licensed insurance agents that sell Medicare Advantage and Medicare prescription drug plans. ©2020 Southwest Medical Associates, Inc. All rights reserved. Optum® and OptumCare are trademarks of Optum, Inc. ©2020 Optum, Inc. All rights reserved. The company does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities. We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call 702.877.5199 TTY711.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al 702.877.5199 TTY711.
請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請致電：702.877.5199 TTY711。



UnitedHealthcare® and Southwest Medical — working together to help you live a healthier life.

We're here to help you get more from Medicare.

At UnitedHealthcare, we're committed to helping you get the most from your Medicare benefits. That's why we work closely with local providers like Southwest Medical to make sure you're connected to the care and services you need. We offer:

- **Personalized, coordinated care**
- **Flexible plan choices**
- **A simplified Medicare experience**

It's time to take advantage.

Annual enrollment starts October 15.
Call UnitedHealthcare or go online to learn more.

1-877-402-1811, TTY 711
8 a.m. – 8 p.m., 7 days a week.
Or visit **UHCMedicareSolutions.com**.



Other providers are available in our network. Network size varies by market. Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. ©2020 United HealthCare Services, Inc. All rights reserved.

Y0066_21SPRJ55797_C_WE_Optum_ROP_0910

SPRJ55797

Medicare Advantage plans designed with your budget in mind

You deserve quality care with coverage that fits your needs. Anthem Blue Cross and Blue Shield Medicare Advantage plans provide real value with \$0 monthly payments and a variety of benefits.

\$0

- Monthly plan payment
- Copay for primary care doctor visits
- Copay for online doctor visits

Plus, these benefits are all included in our plan:



\$0 copay for preventive dental services



\$125 toward eyewear per year



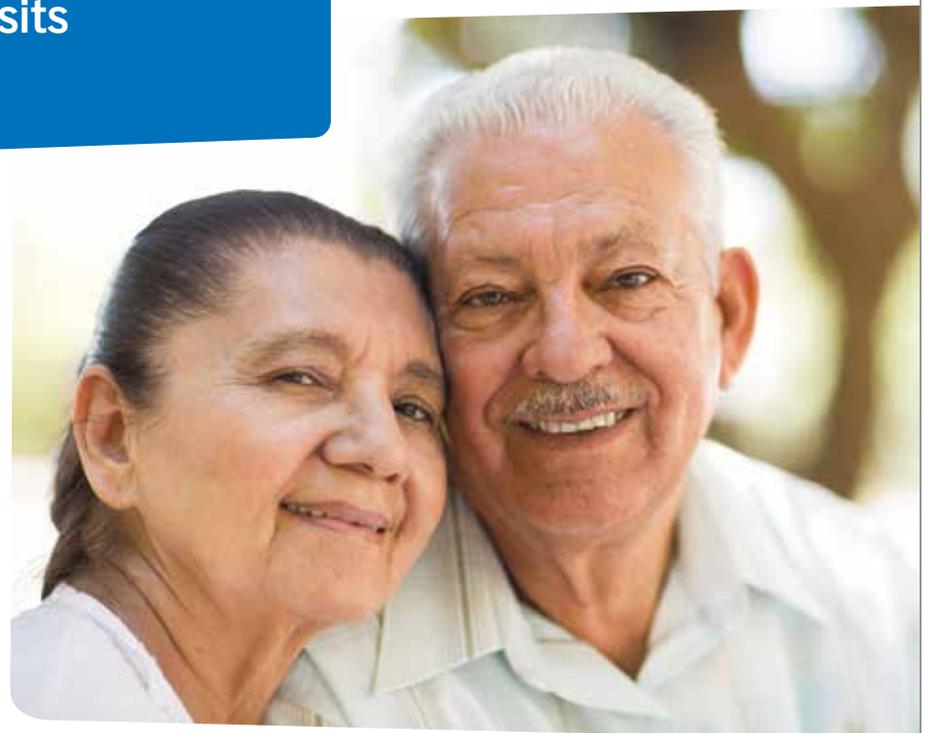
\$120 spending amount for approved over-the-counter health products per year*



\$0 copay for 12 one-way trips per year



\$3,000 toward hearing aids per year



Call me for a 1-on-1 review of all your options

Erika Hampton
702-286-7499

8 a.m. to 6 p.m., 7 days a week
NV Lic. #572816
Authorized Agent

*Monthly, quarterly, and/or annual limits apply. Please contact the plan for additional details.

Hay disponibles servicios de traducción; póngase en contacto con el plan de salud o su agente. This policy has exclusions, limitations, and terms under which the policy may be continued in force or discontinued. For costs and complete details of coverage, please contact your agent or the health plan. Anthem Blue Cross and Blue Shield is an HMO D-SNP with a Medicare contract and a contract with the Nevada Medicaid program. Enrollment in Anthem Blue Cross and Blue Shield depends on contract renewal. Anthem Blue Cross and Blue Shield is the trade name of Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. Independent licensees of the Blue Cross Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

Y0114_21_123873_U_M_2116 CMS Accepted 10/01/2020

511527MUSENMUB_2116

CARING FOR COMMUNITY SINCE 1972. IN EVERY WAY.



Our community's only as healthy as the people who live here. That's why we work tirelessly for the total health of our family, friends, and neighbors. Our care doesn't just happen in our physicians' offices, but also by giving back—through volunteering, social advocacy, corporate giving, charity safety nets, and so much more—from executive leadership to our frontline workers.

THIS WORK MEANS THE WORLD TO US, BECAUSE OUR HOME MEANS THE WORLD TO US.

5

COMPLETE HEALTHCARE CENTERS



450+ PROVIDERS

CARING WHERE YOU ARE

As Nevada's largest multispecialty medical group, we offer primary and urgent care, specialty and senior care, and two community centers for our older adults. We have five Complete Healthcare Centers, with the full scope of care under one roof. Our Medicine on the Move mobile medical center goes to underserved neighborhoods. We also offer video visits, so our patients can get care anywhere at any time.

45 LOCATIONS



*Medicine on the Move
Offering immunizations, screenings, wellness checks, and more*



CARING DURING THE PANDEMIC



We were the first in Nevada to offer COVID-19 curbside testing, and we helped UNLV Medicine set up their own curbside testing site. Our video visits now include a wide array of specialties. And we've made it our mission to inform, educate, and offer advice on how to protect your health and cope with stress. We've also used our cafeteria capabilities to provide over 10,000 meals each week to thousands of our community's homeless.

CARING THROUGH EDUCATION

We strongly support a vibrant health care education system, and we're proud to be a major contributor to the UNLV School of Medicine. Our grant is helping advance care and access in our community, especially for those who are vulnerable. We are also partnered with Touro University to educate and prepare a new generation of health care providers, helping them integrate into professional practice.

\$3M GRANT TO UNLV MEDICINE

CARING THROUGH INNOVATION

Our Center for Clinical Innovation is helping us adapt our treatments to each patient's unique challenges. Our work in continuous glucose monitoring (CGM) for our diabetes patients is gathering data that could change how we treat the disease. We are also exploring better avenues for pain management, and assembling a world-class team to use virtual reality in our therapies.



CARING VIA COUNCIL

Our Employee Community Councils (ECCs) comprise every team member. Each employee can identify a regional charity or cause, then support them through their own council or organization-wide.

3,000+ EMPLOYEE MEMBERS GIVING BACK

65,000+ VOLUNTEER HOURS OVER THE LAST FIVE YEARS



COMMUNITY PARTNERS AT A GLANCE

We're honored to provide a vital safety net for more than 25 of our community's non-profits, including:

Project 150

- American Cancer Society
- Candlelighters Childhood Cancer Foundation
- Vegas Golden Knights Foundation